



—ROCK SALT— MENU

TRADING HOURS

Lunch 12pm to 2pm.
Dinner 6pm to 8pm Sunday to Thursday and
6pm to 8.30pm Friday and Saturday

WE SOURCE & USE LOCAL PRODUCE & SUPPLIERS
WE ARE A GLUTEN FRIENDLY KITCHEN



From the Char-Grill

WAGYU 300g SIRLOIN

served w/ fries and a choice of vegetables or salad

\$32.50 GF

200g MSA RUMP

served w/ fries and a choice of vegetables or salad

\$24.90 GF

400g MSA RUMP

served w/ fries and a choice of vegetables or salad

\$29.50 GF

300g MSA RIB FILLET

served w/ fries and a choice of vegetables or salad

\$31.50 GF

200g MSA EYE FILLET

served w/ fries and a choice of vegetables or salad

\$31.50 GF

200g BACON WRAPPED

EYE FILLET MIGNON

served w/ fries and a choice of vegetables or salad

\$33.50 GF

Complimentary Sauces (all GF): sauces only available w/ main meal - hollandaise, bearnaise, mushroom, three pepper, diane, garlic cream and bourbon BBQ glaze

additional sauces

\$2.00

Topper (GF)

garlic prawn sauce

\$9.50

V = Vegetarian | VO = Vegetarian Option Available
GF = Gluten Free | GFO = Gluten Free Option Available
Please advise cashier when ordering of dietary requirements.

Breads

BREAD ROLLS

\$1.50

GARLIC, CHEESE AND BACON BREAD

\$8.50

GARLIC BUTTER AND CHEESE PIZZA BREAD

\$8.50

GARLIC BREAD

\$7.50

Entrees

PANKO CRUMBED CALAMARI

w/ freshly roasted garlic and lime mayonnaise

(5) entree

\$14.90

(9) main

\$24.90

OYSTERS KILPATRICK (GF)

(5)

\$16.50

(10)

\$25.50

BEER BATTERED PRAWNS

w/ chilli plum sauce

(5) entree

\$14.90

(9) main

\$26.90

Salads

CAESAR SALAD (GF OPTION)

baby cos, crispy bacon, poached egg, anchovies, garlic croutons and shaved parmesan w/ chef's freshly made special caesar dressing

plain

\$17.90

chicken

\$20.90

gluten friendly option (no croutons)

200g BBQ RIB FILLET ASIAN BEEF (GF)

char grilled filet of beef tossed in asian dressing w/ fresh mixed salad

\$24.50

CRUNCHY CHICKEN & AVOCADO (GF OPTION)

crunchy chicken strips on a tomato, onion, capsicum, crispy bacon, avocado and crouton salad w/ ranch dressing

\$22.50

GREEK LAMB SALAD (GF OPTION)

marinated lamb loin fillet served on charred pita bread & tossed salad greens w/ hommus, cucumber, feta, sundried tomato, roasted capsicum and tzatziki sauce

\$24.50

Chicken Breast

SCHNITZEL (GF)
w/ your choice of sauce

\$21.90

SCHNITZEL AUSSIE PARMIGIANINO (GF)
napoli, bacon, cheese and BBQ sauce

\$22.90

WAVES PARMIGIANINO SCHNITZEL (GF)
napoli, guacamole, prawns and cheese

\$23.90

SLOW COOKED BREAST PAN FRIED (GF)
w/ your choice of sauce

\$21.90

TEA-SMOKED ASIAN DRESSED
w/ stir fry vegetables

\$23.90

ENCRUSTED W/ MACADAMIA & PARMESAN CRUST (GF)
w/ garlic cream sauce

\$23.90

Seafood

SEAFOOD BASKET
coconut prawn, crumbed calamari and prawn, battered fish, scallops, prawn twister w/ tartare sauce

\$26.50

WILD CAUGHT QLD BARRAMUNDI PAN-FRIED OR CRUMBED (GF)
w/ citrus aioli and lemon

\$27.50

FRESH ATLANTIC SALMON NICOISE (GF)
w/ green bean, cos lettuce, olive, potato, egg, tomato and optional anchovies w/ a lemon olive oil dressing

\$27.50

CREAMY SWEET COCONUT CURRY PRAWNS (GF)
w/ steamed rice and pappadums

\$27.50



Pasta / Risotto

CHICKEN BREAST & BACON FETTUCCINE (GF OPTION)
onions, garlic and bacon pan-fried in butter w/ a touch of white wine, finished w/ shallots, basil, parmesan cheese and cream

\$21.50

SPAGHETTI BOLOGNAISE (GF OPTION)
beef, red wine and fresh herbs blended into a traditional italian sauce

\$19.50

GARLIC PRAWN FETTUCCINE (GF OPTION)
garlic marinated prawns in a creamy garlic, basil and shallot sauce

\$28.50

VEGETARIAN FETTUCCINI (V, GF OPTION)
onions, garlic and mixed pan-fried vegetables in butter w/ a touch of white wine and finished w/ shallots, basil, parmesan cheese and cream

\$19.50

LAMB RISOTTO
lamb loin fillets w/ sundried tomato, olives, parmesan cheese and caramelised onion

\$24.50

PRAWN & CHORIZO RISOTTO
prawn and chorizo w/ tomato, parmesan cheese and basil

\$24.50

VEGETARIAN RISOTTO (V)
onions, garlic and mixed pan-fried vegetables in butter w/ a touch of white wine and finished w/ shallots, basil, parmesan cheese and cream

\$19.50

Lamb & Pork

SLOW COOKED KING PORK CUTLET (GF)
in chef's special chilli, citrus, honey and BBQ sauce served with freshly made rosti

\$26.90

SLOW COOKED PORK BELLY (GF)
in chef's special golden honey asian sauce served w/ stir fry vegetables and rice

\$24.90

BRAISED LAMB SHANK (GF)
on a bed of potato mash and spiced beetroot sauce

\$28.90

PESTO LAMB RACK (GF)
w/ a minted jus and a freshly made rosti

\$27.50

Kid's Meals

For children 12 years and under.

CALAMARI & CHIPS (GF OPTION) \$9.50

FRESH BATTERED CHICKEN TENDERLOINS & CHIPS (GF OPTION) \$9.50

BATTERED FISH & CHIPS (GF OPTION) \$9.50

SPAGHETTI BOLOGNAISE (GF OPTION) \$9.50

HAM & PINEAPPLE PIZZA \$9.50

All served with an activity pack, soft drink and Paddle Pop.

Sides

BATTERED ONION RINGS \$7.50

SIDE SALAD \$7.50

CRISPY FRIES \$7.50

SWEET POTATO FRIES \$8.50

POTATO MASH \$6.50

PAN FRIED VEGETABLES \$8.50

PAN FRIED MUSHROOMS \$9.50

