

### Breads

Bread Rolls \$1.50
Garlic, Cheese Pizza Paddle \$8.50
Garlic, Cheese & Bacon Pizza Paddle \$10.50

### Entrees

#### Lemon Pepper Baby Calamari

With lemon lime mayonnaise (gfo)

• entree	\$14.90
main - served with chips & salad	\$24.90
Oysters Kilpatrick (gf)	\$17.50
	\$29.50
Crumbed Shiitake Mushrooms	\$13.50

With truffle garlic mayonnaise

## Veal, Lamb & Pork

Slow Cooked Pork Cutlet (gfo)	\$27.90
In golden honey Asian sauce with potato	
croquette and choice of vegetables or salad	
Braised Lamb Shank	\$28.90
With mash potato, broccolini & roasted garlic	
Braised Pulled Beef Gnocchi (gfo)	\$25.90
With slow roasted vegetables	
Veal Scallopini (gfo)	\$27.50
With potato croquette and a creamy mushroom	
sauce and choice of vegetables or salad	

### - Rock Salt -

#### - MENU -

LUNCH 12:00PM - 2:00PM | DINNER 6:00PM - 8:00PM (8:30PM FRI/SAT)

-rom the Char Grill

200g MSA Rump \$24.90

400g MSA Rump \$29.50

300g MSA Rib Fillet \$31.50

200g MSA Eye Fillet \$31.50

200g Filet Mignon \$33.50

Served with fries & a choice of vegetables or salad

# Toppers & Sides.

Battered Onion Rings		•	\$7.50	
Side Salad (gf)			\$7.50	
Crispy Fries (gfo)	•		\$7.50	
Sweet Potato Fries (gf)			\$8.50	
Potato Mash (gf)			\$6.50	
Pan Fried Vegetables (gf)			\$8.50	
Pan Fried Mushrooms (gf)			\$9.50	
Garlic Prawn Sauce (4) (of	F)		90 50	



#### Seafood

Seafood Basket \$28.50

Coconut prawn, crumbed calamari & scallops, battered fish & prawns, seafood twister & crab claw

Wild Caught Queensland Barramundi \$28.50 Pan fried (gfo) or crumbed with citrus aioli & lemon

Fresh Atlantic Salmon Fillet (gfo) \$28.50

With avocado bruschetta & hollandaise

Creamy Coconut Curry Prawns (gf) \$28 50

With mango chutney, steamed rice & a pappadum

### Salad

Crunchy Chicken & Avocado (gfo)

\$24.50 Crunchy chicken strips on a tomato, onion,

capsicum, crispy bacon, avocado salad with shaved parmesan, croutons & ranch dressing

Caesar Salad (qfo)

Baby cos, crispy bacon, poached egg, anchovies, garlic croutons & shaved parmesan with Chef's freshly made special Caesar dressing

> \$17.90 Plain Add Chicken \$21.90

> Add Prawns \$26.90

Roasted Pumpkin & Feta Salad (gfo)

Roasted pumpkin served on charred pita bread & tossed salad greens with hommus, feta, sundried tomato, roasted capsicum & crispy chickpeas



Plain \$17.50 Add Chicken \$21.50 Add Prawns \$26.50

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#### - MENU -

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#### Pasta & Risotto

\$22.50 Chicken & Bacon Fettuccine Garlic, bacon & onion pan-fried in butter with a touch of white wine & finished with shallots. basil, parmesan & cream \$19.50 Pappardelle Bolognese Beef, red wine & fresh herbs blended in a traditional Italian sauce \$28.50 Garlic Prawn Fettuccine Garlic marinated prawns in a creamy garlic, basil & shallot sauce \$23.50 Vegetarian Fettuccine or Risotto (v) Mediterranean vegetables tossed in a tomato, garlic, basil & shallot sauce

Prawns, scallops & fish tossed in fresh fettuccine in a tomato & basil cream sauce

Potato & Smoked Salmon Gnocchi Fresh made gnocchi in a parmesan, smoked

Seafood Marinara

salmon & basil cream sauce - Gluten free penne pasta option available \$1.00 extra -

\$25.50

v = Vegetarian gf = Gluten Friendly by ingredient gfo = Gluten Friendly Option available

\*\*Please note that The Waves' deep fryers cannot be 100% gluten free.

#### Chicken

Served with fries & a choice of vegetables or salad

Chicken Schnitzel (gfo) \$21.90 With fries & a choice of vegetables or salad Schnitzel Aussie Parmigiana (gfo) \$24.90 Napoli, bacon, cheese & bbg sauce Schnitzel Supreme (gfo) \$24.90 Napoli, sliced salami, diced red & green capsicum with cheese Waves Seafood Parmigiana \$24.90 Schnitzel (gfo) Napoli, guacamole, prawns & cheese \$25.90 Macadamia Encrusted Chicken Breast (gfo) With garlic cream sauce Pan Roasted Chicken Breast (gfo) \$24.90 With broccolini, buttered garlic mushrooms and potato croquette

Kids Meals

For children 12 years & under only

Calamari & Chips

Crumbed Chicken Tenderloins &

Chips (gfo)

Battered Fish & Chips (gfo)

Spaghetti Bolognese (gfo)

Ham & Pineapple Pizza

All served with a soft drink & Paddle Pop