

Breads

MEMBERS | NON MEMBERS

Garlic, Cheese Pizza Paddle	\$11 \$12
Garlic, Cheese & Bacon Pizza Paddle	\$12 \$13
<i>With balsamic drizzle</i>	
Garlic, Cheese & Bruschetta Mix	\$13 \$14
<i>With balsamic drizzle</i>	

Entrees

Pacific Oysters Kilpatrick (gf) (l)	(6) \$24 \$27
	(12) \$44 \$49
Lemon Pepper Calamari (gf) (l)	\$16 \$18
<i>With tartare sauce</i>	
Baked Camembert	\$17 \$19
<i>With honey roasted grapes & toasted Turkish Bread</i>	
Mushroom Arancini (v)	\$15 \$17
<i>With truffle mayonnaise & pecorino cheese</i>	
Grilled Satay Beef Skewers (3) (gf)	\$17 \$19
<i>With pickled cabbage, crispy onion & peanut sauce</i>	

Chef's Specials

Slow Roasted Lamb Shoulder (gf)	\$34 \$38
<i>With pea puree, crispy chat potatoes, roasted baby carrots & red wine jus</i>	
Double Beef & Bacon Cheese Burger	\$28 \$31
<i>With lettuce, tomato, picklenaise, chips & onion rings</i>	
Pan Roasted Chicken Breast (gf)	\$31 \$35
<i>With beetroot bean puree, crispy chat potatoes, roasted baby carrots & salsa verde</i>	
Pan Fried Salmon (A) (gf)	\$35 \$39
<i>With creamy mashed potato, broccolini, cherry tomato salsa & hollandaise sauce</i>	

- Rock Salt -

LUNCH 11:30AM - 2PM
DINNER 6PM - 8PM (8:30PM FRI/SAT)

From the Char Grill

Served with one sauce, fries & a choice of vegetables or salad

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200g Diamantina 150 Day Grain Fed Black Angus Rump	\$30 \$34
400g Diamantina 150 Day Grain Fed Black Angus Rump	\$38 \$42
300g Diamantina 100 Day Grain Fed Rib Fillet	\$41 \$46
200g Diamantina 100 Day Grain Fed Eye Fillet	\$42 \$47
200g Diamantina 100 Day Grain Fed Bacon Wrapped Eye Fillet	\$44 \$49

Garlic Prawn Sauce (4) (gf) (A) \$10 | \$12

Complimentary Sauces (gf)

Gravy, Mushroom, Three Pepper, Diane, Garlic Butter, Garlic Cream, Hollandaise, Bourbon BBQ Glaze, Red Wine Jus

Complimentary sauces only available with Char Grill selections - additional sauces \$3 | \$4

The Waves
sports club



Learn more about our steaks here

Seafood

MEMBERS | NON MEMBERS

Seafood Basket (M)	\$34 \$38
<i>Coconut prawn, crumbed calamari & scallops, battered fish & prawns, seafood twister. Served with fries & a choice of vegetables or salad & tartare sauce</i>	
Lemon Pepper Calamari (gf) (l)	\$26 \$29
<i>Served with fries & a choice of vegetables or salad, tartare sauce & lemon</i>	
Crispy Skin Australian Barramundi (gf) (A)	\$34 \$38
<i>With pea puree, crispy chat potato, tartare sauce & lemon</i>	
<i>*With Herb & Macadamia Crust</i>	\$36 \$40
Ginger Beer Battered Fish & Chips (A)	\$29 \$32
<i>Ginger beer battered Australian barramundi with chips, lemon & tartare sauce</i>	
<i>*Add Side Salad</i>	\$2 \$3
Creamy Coconut Curry Prawns (l) (gf)	\$32 \$36
<i>Served with mango chutney, steamed rice & a pappadum</i>	

Sides & Extras

Side Salad (gf)	\$9	Potato Mash (gf)	\$6
Crispy Fries (gfo)	\$9	Bacon (gf)	\$6
Sweet Potato Fries (gf)	\$9	Fried Egg (gf)	\$4
Garlic Butter Greens (gf)	\$9	Onion Rings	\$10
Garlic Parmesan Broccolini (gf)	\$10	Sticky Corn Ribs	\$9

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Salad

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Grilled Chicken & Avocado (gfo) \$25 | \$28

Grilled chicken with bacon, cherry tomatoes, cucumber, red onion, avocado, roasted capsicum, garlic croutons, toasted pumpkin seeds & lemon dressing

Chicken Caesar Salad (gfo) \$25 | \$28

Grilled chicken, baby cos, crispy bacon, poached egg, anchovies, garlic croutons & shaved parmesan with Chef's freshly made special Caesar dressing

Crispy Haloumi & Root Vegetable Salad (gfo) \$26 | \$29

Roasted carrots, beetroot & parsnips with rocket, walnuts, beetroot bean puree & green goddess dressing

Taco Beef Salad (gfo) \$28 | \$31

Pan fried taco beef strips with cherry tomato, cucumber, red onion, avocado, roasted capsicum, corn, crispy onion & salsa verde served with two soft shell tacos

Pasta

MEMBERS | NON MEMBERS

Chicken & Bacon Fettuccine (gfo) \$26 | \$29

Garlic, bacon & onion pan fried in butter with a touch of white wine & finished with shallots, basil, parmesan, cream & rocket

Slow Braised Beef Ragu (gfo) \$26 | \$29

Slow braised beef ragu with pappardelle & parmesan cheese with rocket

Garlic Prawn Fettuccine (I) (gfo) \$32 | \$36

Garlic marinated prawns in a creamy garlic, basil & shallot sauce with rocket

Mushroom Bolognese (gfo) \$26 | \$29

Slow cooked mushrooms in a rich tomato sauce served with pappardelle pasta and topped with pangrattato and pecorino cheese

• Add Crispy Prosciutto \$4 | \$5

- Gluten free penne pasta option available \$1.00 extra -

Chicken

Served with fries & a choice of vegetables or salad

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Chicken Schnitzel (gfo) \$27 | \$30

Chicken schnitzel includes one complimentary sauce

Chicken Parmigiana (gfo) \$30 | \$34

Chicken schnitzel topped with Napoli sauce, ham & cheese

Meat Lovers Parmigiana (gfo) \$31 | \$35

Napoli sauce, ham, bacon, pepperoni topped with cheese & BBQ swirl

French Schnitzel Parmigiana (gfo) \$31 | \$35

Napoli sauce, bacon, camembert cheese & hollandaise drizzle

Herb & Macadamia Encrusted Chicken Breast (gfo) \$30 | \$34

With garlic cream sauce

Seniors Meals

Bangers & Mash with Greens & Gravy (gf)

Chicken Schnitzel with Chips & Salad or Greens

Spaghetti Bolognese & Salad (gfo)

Fish & Chips (A)

Crumbed Calamari with Chips & Salad (I)

\$18 | \$20

Must show Seniors Card

Please advise cashier when ordering of any dietary requirements or if you require a Gluten Free or Dairy Free Option

We source and use local produce and suppliers where possible

v = Vegetarian

gf = Gluten Friendly by ingredient

gfo = Gluten Friendly Option available

🐟 Seafood Label

(A) Australian (I) Imported (M) Mixed

****Please note that The Waves' deep fryers cannot be 100% gluten free**

Kids Meals

Under 12 years

Calamari & Chips (I)

Chicken Schnitzel & Chips (gfo)

Battered Fish & Chips (gfo) (I)

Spaghetti Bolognese (gfo)

Ham & Pineapple Pizza

Dagwood Dog & Chips

All served with a Soft Drink & Ice Cream

\$14

Add side salad or greens \$2 | \$3